

This policy was adopted on	Signed on behalf of BASK	Date for review
13 July 2021	Andy McEwing	January 2025

BASK Allergies and Allergic Reactions Policy

At **BASK** we are aware that children may have or develop an allergy, which may then result in an allergic reaction. Our aims are to ensure allergic reactions are minimised or, where possible, prevented; and that staff are fully aware of all children who have allergies; and how to support a child who may be having an allergic reaction.

Our procedures

Known allergies

- We ask parents to share all information about allergic reactions and allergies on their child's registration form and to inform staff of any allergies discovered after registration
- Where a child has a known allergy, the BASK manager will carry out a full Allergy Risk Assessment Procedure with the parent prior to the child starting BASK.
- We share all information on children's allergies with all staff and keep an allergy register in **BASK cupboard and medications file**.
- The manager, BASK staff and parents will work together to ensure a child with specific food allergies receives no food at BASK that may harm them. This may include designing an appropriate menu or substituting specific meals on the current BASK menu
- All food prepared for a child with a specific allergy is prepared in an area where there is no chance of contamination and served on equipment that has not been in contact with this specific food type, e.g. nuts
- Seating will be monitored for children with allergies. Where deemed appropriate staff will sit with children who have allergies and where age/stage appropriate staff will discuss food allergies and the potential risks

Allergic Reactions

- Our staff are made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth or tongue, swelling to the airways to the lungs, wheezing and anaphylaxis
- If a child has an allergic reaction to food, a bee or wasp sting, plant etc. a first-aid trained member of staff will act quickly and administer the appropriate treatment. We will inform parents and record the information in the incident book and on the allergy register.
- If an allergic reaction requires specialist treatment, e.g. an EpiPen, then at least two members of staff working directly with the child and the manager will receive specific medical training to be able to administer the treatment to each individual child. (see Administration of Medicines policy)

- Should a child need further medical assistance, an ambulance should be called, and the protocols for transporting a child to hospital (see Accidents and First Aid Policy) should be followed.

Food Information (Scotland) Regulations 2014

From 13 December 2014, we will incorporate additional procedures in line with the Food Information Regulations 2014 (FIR).

- We will display our weekly snack menus on the Snack Menu Board.